

Sunday

Monday

Tuesday

Wednesday






Thursday

Friday

Saturday

# May 2026

## Recreation Calendar

						1 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Men's Club (MP) Ladies Club (3) 6:30pm Movie Night- Mamma Mia (L) <small>May Day</small>	2 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Physical Game (1) Bean Bag Toss (3)
3 10:15am Virtual Non Denominational Church (C) 2:30pm Sing Along (2) Trivial Pursuit (3)	4 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Bingo (MP)	5 10:15am Coffee Social (MP) 2:30pm Cinco de Mayo Party (MP) 6:30pm Exercise (3)  <small>Cinco de Mayo</small>	6 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Basket Ping Pong (2) Bocce Ball (3) 6:30pm Reminiscing Group (MP)	7 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Trivia (1) Pet Therapy (2) Crafting (3) 6:30pm Sing Along (L)	8 10:15am Ladies Spa Morning (MP) 2:30pm Mother's Day Tea (MP) 6:30pm Movie Night- A Cinderella Story (L)	9 10:15am Chair Aerobics (3) 2:30pm Ladder Ball (2)	
10 10:15am Virtual Non Denominational Church (C) 2:30pm Sing Along (1)  <small>Mother's Day National Skilled Nursing Care Week</small>	11 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Bingo (MP)	12 10:15am Coffee Social (MP) 2:15pm Catholic Church (C) Bracelet Making (1) Golf (3) 6:30pm Exercise (1)	13 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Ladder Ball (1) Painting Group (2) Bean Bag Toss (3) 6:30pm Crafts (3)	14 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Curling (MP) 6:30pm Card Bingo (MP)	15 10:15am Book Reading (3) Chair Aerobics (1) 11:15am Chair Aerobics (2) 2:30pm <b>Filipino Dancers Entertainment (MP)</b> 	16 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Horse Races (1) Cognitive Games (2) <small>Armed Forces Day</small>	
17 10:15am Virtual Non Denominational Church (C) 2:30pm <b>Nobile Music Association (MP)</b>	18  <small>Victoria Day (Canada)</small>	19 10:15am Coffee Social (MP) 2:30pm Horse Races (1) Basket Ping Pong (2) Baking (3) 6:30pm Exercise (2)	20 10:15am Evangelical Church (C)/Chair Aerobics (3) 2:30pm Crafts (1) Baking (2) 6:30pm Painting Group (3)	21 10:00am <b>Games w/ High School Students (MP)</b> 2:30pm Baking (1) Trivia (2) Ladder Ball (3) <small>Shavuot Begins</small>	22 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm May Birthday Party (MP) 6:30pm Movie Night-27 Dresses (L)	23 10:15am Chair Aerobics (1) 2:30pm Outdoor Patio (2)	
24 10:15am Virtual Non Denominational Church (C) 2:30pm Floor Hockey (3)	25 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Bingo (MP) <small>Memorial Day</small>	26 10:15am Coffee Social (MP) 2:30pm Gardening (Backyard) 6:30pm Exercise (3) 	27 10:15am Chair Aerobics (1) (3) 11:30am Catholic Mass (C) 2:30pm Gardening (Backyard) 6:30pm Trivia (3)	28 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Balcony Gardening (2) Bean Bag Toss (1) 6:30pm Coloring (MP)	29 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm <b>ICAN Seniors Entertainment (MP)</b> 6:30pm Movie Night-The Royal Treatment (L)	30 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Balcony Gardening (1) Balcony Gardening (3)	
31 10:15am Virtual Non Denominational Church (C) 2:30pm Bean Bag Toss (2) Bocce Ball (3)	<p><b>Location of program:</b>  1= 1<sup>st</sup> Floor Unit  2= 2<sup>nd</sup> Floor Unit  3= 3<sup>rd</sup> Floor Unit  MP= Multi-Purpose Room  C/L=Chapel/Library</p>						