

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Recreation Calendar

					<p>9:30 Chair Aerobics (2 & 3) 1 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:30 Table Game (2) 3:00 Brain Game (1)</p> <p style="text-align: center;">May Day</p>	 <p style="text-align: right;">2</p>
 <p>3 9:30 Chair Aerobics (2) 9:30 Drum Fit (3) 10:45 Chair Aerobics (1) 1:30 Tai Chi (2) 3:00 Mother's Day Craft (1)</p>		<p>4 9:30 Mother's Day Photoshoot (2) 10:45 Chair Aerobics (1) 1:30 Mother's Day Craft (2) 1:1 Visits</p> <p style="text-align: center;">Cinco de Mayo</p>	<p>5 9:30 Mother's Day Photoshoot (3) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:30 Mother's Day Craft (3) 2:45 Our Daily Bread (2)</p>	<p>6 9:30 Chair Aerobics (2 & 3) 10:45 Mother's Day Photoshoot (1) 1:30 Singing with Connie (2) 1:1 Visits</p>	<p>7 9:30 Chair Aerobics (2 & 3) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:30 Mother's Day Tea Party (L) 1:1 Visits</p> 	<p>8 9:30 Active Game (3) 10:45 Chair Aerobics (1) 1:30 Dice Game (2) 3:00 Armchair Travel (1)</p> <p style="text-align: right;">9</p>
<p>9:30 Active Game (2) 10:45 Active Game (1) 2:00 ECBC Service (L) 1:1 Visits</p> 	<p>10 10:00 Entertainment by Edmonton Chinese Choir (L) 1:30 Tai Chi (3) 3:00 Sing Along (1)</p> 	<p>11 9:30 Chair Aerobics (2 & 3) 10:45 Chair Aerobics (1) 1:30 Black Jack (2) 1:1 Visits</p>	<p>12 9:30 Chair Aerobics (3) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:30 Jumbo Bingo (3) 1:1 Visits</p>	<p>13 9:30 Chair Aerobics (2 & 3) 10:45 Chair Aerobics (1) 1:30 Singing with Connie (2) 1:1 Visits</p>	<p>14 9:30 Chair Aerobics (2 & 3) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 3:00 Table Game (1)</p>	 <p style="text-align: right;">15</p>
 <p style="text-align: right;">16</p>	<p>17</p> 	<p>18 9:30 Chair Aerobics (2 & 3) 10:45 Chair Aerobics (1) 1:30 Brain Game (2) 1:1 Visits</p>	<p>19 9:30 Chair Aerobics (3) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:30 Black Jack (3) 1:1 Visits</p>	<p>20 9:30 Chair Aerobics (2 & 3) 10:45 Chair Aerobics (1) 1:30 Singing with Connie (2) 1:1 Visits</p> <p style="text-align: center;">Shavuot Begins</p>	<p>21 9:30 Chair Aerobics (2 & 3) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:30 Entertainment by Red Maple Association(L) 1:1 Visits</p>	<p>22 10:00 Catholic Hymn Sing (L) 1:30 Brain Game (3) 3:00 Spring Coloring (1)</p> <p style="text-align: right;">23</p>
<p>9:30 Active Game (2) 10:45 Active Game (1) 2:00 EBC Service (L) 1:1 Visits</p> <p style="text-align: right;">24</p>	<p>25 9:30 Chair Aerobics (3) 9:30 Drum Fit (2) 10:45 Chair Aerobics (1) 1:30 Tai Chi (2) 3:00 Gardening (1)</p> <p style="text-align: center;">Memorial Day</p>	<p>26 9:30 Chair Aerobics (2 & 3) 10:45 Chair Aerobics (1) 1:30 Gardening (2) 1:1 Visits</p>	<p>27 9:30 Chair Aerobics (3) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:30 Gardening (3) 1:1 Visits</p>	<p>28 9:30 Chair Aerobics (2 & 3) 10:45 Chair Aerobics (1) 1:30 Singing with Connie (2) 1:1 Visits</p>	<p>29 9:30 Calendar Drop-Off (All Units) 1:30 Mahjong (3) 1:30 Birthday Party (2) 1:1 Visits</p>	 <p style="text-align: right;">30</p>
<p>31</p> <p><u>Location of Programs</u> 1 = 1st Floor 2 = 2nd Floor 3 = 3rd Floor L = Main Floor Lobby</p>						