

Sunday

Monday

Tuesday

Wednesday






Thursday

Friday

Saturday

February 2024

Recreation Calendar

				<p>9:30 am Chair Aerobics (All Floors) 1:30 pm Groundhog Day: Spring or Snow! (3rd Floor) One on One Visits</p> <p>1</p>	<p>9:30 am Chair Aerobics (1st and 3rd Floor) 1:30 pm Sing-Along (2nd Floor) One on One Visits</p> <p>2</p> <p>Groundhog Day</p>	 <p>3</p>
<p>9:30 am Chair Aerobics (1st and 2nd Floor) 2:00 pm Edmonton Christian Community Church Service (All Floors)</p> <p>4</p>	<p>9:30 am Chair Aerobics (All Floors) 1:30 pm Tai Chi (2nd Floor)/Table Games (3rd Floor) One on One Visits</p> <p>5</p>	<p>9:30 am Chair Aerobics/Drum Fit (All Floors) 11:30 am Restaurant Lunch (pre-order) 1:30 pm Chinese New Year Arts/Crafts (All)</p> <p>6</p>	<p>1:30 pm Mahjong/Bingo (3rd Floor) 6:15 pm Spiritual Services (All Floors) One on One Visits</p> <p>7</p>	<p>9:30 am Chair Aerobics (1st and 2nd Floor) 1:30 pm Tale of Dragon (All Floors) One on One Visits</p> <p>8</p>	<p>9:30 am Chair Aerobics (All Floors) 11:30 am Chinese New Year Celebrations (All Floors) One on One Visits</p> <p>9</p>	<p>9:30 am Chair Aerobics (1st and 3rd Floors) 1:30 pm Live: Lion Dance Performance (2nd Floor)</p> <p>10</p> <p>Chinese New Year (Year of the Dragon)</p>
 <p>11</p>	<p>9:30 am Chair Aerobics (All Floors) 1:30 pm Entertainment by John Fung (2nd Floor) One on One Visits</p> <p>12</p>	<p>9:30 am Chair Aerobics/Drum Fit (All Floors) 1:30 pm Craft: Mardi Gras Masks (All Floors) One on One Visits</p> <p>13</p> <p>Mardi Gras</p>	<p>9:30 am Chair Aerobics (1st and 2nd Floors) 1:30 pm Valentine's Day Party (All Floors) One on One Visits</p> <p>14</p> <p>Valentine's Day</p>	<p>9:30 am Chair Aerobics (All Floors) 1:30 pm Mahjong/Bingo (All Floors) One on One Visits</p> <p>15</p>	<p>9:30 am Chair Aerobics (All Floors) 1:30 pm Heart Art (All Floors) One on One Visits</p> <p>16</p>	<p>9:30 am Chair Aerobics (1st and 3rd Floors) 1:30 pm Card/Board Games (3rd Floor)</p> <p>17</p>
<p>9:30 am Chair Aerobics (All Floors) 2:00 pm Edmonton Chinese Alliance Church Service (All Floors)</p> <p>18</p>	 <p>19</p>	<p>9:30 am Chair Aerobics/Drum Fit (All Floors) 1:30 pm Baking: Croissants (All Floors) One on One Visits</p> <p>20</p>	<p>9:30 am Chair Aerobics (1st and 3rd Floor) 1:30 pm Mahjong/Bingo (3rd Floor) One on One Visits</p> <p>21</p>	<p>9:30 am Chair Aerobics (All Floors) 1:30 pm Target Games (All Floors) One on One Visits</p> <p>22</p>	<p>9:30 am Chair Aerobics (1st/2nd/3rd Floors) 1:30 pm February Birthday Party (All Floors) One on One Visits</p> <p>23</p>	 <p>24</p>
 <p>25</p>	<p>9:30 am Chair Aerobics (All Floors) 1:30 pm Tai Chi (3rd Floor)/Table Games (2nd Floor) One on One Visits</p> <p>26</p>	<p>9:30 am Chair Aerobics/Drum Fit (All Floors) 1:30 pm Baking: Cinnamon Buns (All Floors) One on One Visits</p> <p>27</p>	<p>9:30 am Chair Aerobics (1st and 2nd Floor) 1:30 pm Mahjong/Bingo (3rd Floor) One on One Visits</p> <p>28</p>	<p>9:30 am Chair Aerobics (All Floors) 1:30 pm Sing-Along (All Floors) One on One Visits</p> <p>29</p>	