| | | | o 9% 9 % | | Post of the | | |
|---|---|--|--|--|--|--|---|
| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | \mathbf{N} | | 1 202 n Calendar | 25 | | 1 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Irish Pub Sing Along (L) |
| | 2:30pm Irish Pub Games (MP) | 11:15am Chair Aerobics (2) 11:30am Mindfulness Meditation (3) | Magazine Scavenger Hunt (3) 6:30pm Exercise (2) | 5 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Golf (1) Bocce Ball (2) Paper Airplane Flying (3) 6:30pm Comedy Night (L) | 11:15am Chair Aerobics (2) | 7 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Happy Hour (MP) 6:30pm Movie Night-The Miracle Club (L) | 8 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Bowling (MP) |
| | 9 10:15am Virtual Non Denominational Church Service (C) 2:30pm Drum Fit (MP) Daylight Saving Time Begins | 11:15am Chair Aerobics (2) 2:30pm Bingo (MP) | St Patrick's Day Craft (1) Scrapbooking (3) | 12 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Lillian Rodger's Piano Entertainment (MP) 6:30pm Bead Bracelet Craft (3) | 11:15am Chair Aerobics (2) 2:30pm Pet Therapy (1) St Patrick's Day Crafts (2) (3) 6:30pm Oiler's Hockey Watch | 14 10:15am Chair Aerobics (1) (3) 12:00pm Irish Dancer's Performance (2) 2:45pm Men's Club (MP) Women's Club (3) 6:30pm Movie Night-Gifted (L) | 15 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Balloon Badminton (1) Bocce Ball (2) |
| | 16 10:15am Virtual Non Denominational Church | 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm St Patrick's Day Party (MP) | 2:30pm Ladder ball (1) Name that Tune (2) Tea for Two-Tuesday (3) 6:30pm Exercise (1) | 19 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Who Am I? (1) Trivia (2) Spring Celebrations (3) 6:30pm Spelling Bee Contest (L) | 20 10:15am Evangelical Church Service (C) 2:30pm Pet Therapy (2) Armchair Travel to Singapore | 21 10:15am Chair Aerobics (3) 11:15am Chair Aerobics (2) 2:30pm Singing Entertainment by Mike Chenoweth (MP) 6:30pm Movie Night-My Girl (L) | 22 10:15am Chair Aerobics (3) 11:15am Chair Aerobics (2) 2:30pm Senior's v/s cups (1) |
| | 23 10:15am Virtual Non Denominational Church Service (C) 2:30pm Finish the Phrase (3) | 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Bingo (MP) | Baking Banana Muffins (3) 6:30pm Exercise (2) | 26 10:15am Chair Aerobics (1) (3) 11:30am Catholic Church Service (C) 2:30pm Arts & Crafts (1) (3) Baking Cupcakes (2) 6:30pm Family Feud (L) | 11:15am Chair Aerobics (2) 2:30pm Baking Cupcakes (1) Arts & Crafts (2) Pet Therapy (3) | 28 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm March Birthday Party (MP) 6:30pm Movie Night- Grown Ups 2 (L) | 29 10:15am Chair Aerobics (1) 11:15am Chair Aerobics (2) 2:30pm Dice Games (3) |
| K | 2:30pm Basket Pong (1) | 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Card Games (2) (3) Sensory Group (1) | $1=1^{st}$ $2=2^{nd}$ $3=3^{rd}$ $MP=Multi-$ | n of program: Floor Unit Floor Unit Floor Unit Purpose Room apel/Library | | | |
| | Holsome Place- Lee Caring | Communities | | | | | |

Holsome Place- Lee Caring Communities

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