HAPPY Therapeutic Recreation MONTH TO PHOSE WHO PUT THE RT IN HEART.	Fel	orua	ry 2	025		10:15am Chair Aerobics (1) (11:15am Chair Aerobics (2) 2:30pm Balloon Badmintor (1) Elvis Presley Virtual Concer (C)
		Recreati	on Calendar			
Denominational Church	3 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Bingo (MP)	4 10:15am Coffee Social (MP) 2:30pm Floor Hockey (1) Table Hockey (2) Card Games (3) 6:30pm Exercise (1)	Church Service (C) Chair Aerobics (3) 2:30pm Heart Toss (1)	2:30pm Piano Entertainment by Lillian Rogers (MP)	11:15am Chair Aerobics (2)	11:15am Chair Aerobics (2) 2:30pm Ring Toss (1)
9 10:15am Virtual Non Denominational Church Service (C)	10 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Reminiscing Group (2) (3)	11 10:15am Coffee Social (MP) 2:15pm Card Games (1) Valentine's Day Art (3) Catholic Church Service (C) 6:30pm Exercise (2)	11:15am Chair Aerobics (2) 2:30pm Valentine's Day Art (1) (2) Bean Bag Toss (3) 6:30pm Trivia (MP)	Valentine's Day Trivia (3)	11:15am Chair Aerobics (2)	10:15am Chair Aerobics (1) 11:15am Chair Aerobics (2) 2:30pm Bocce Ball (MP)
16 10:15am Virtual Non Denominational Church Service (C) 2:30pm Virtual Johnny Cash Concert (C) Card Games (1)	happy Tourilu	18 10:15am Coffee Social (MP) 2:30pm Bean Bag Toss (1) Disc Golf (2) Baking (3) 6:30pm Exercise (3)	19 10:15am Evangelical Church Service (C) Chair Aerobics (1) 2:30pm Card Bingo (1) Baking (2)	10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Baking (1) Card Games (2) Ladder ball (3) 6:30pm Ukrainian Dancers	21 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2)	11:15am Chair Aerobics (2) 2:30pm Ball Toss (1)
Denominational Church		25 10:15am Coffee Social (MP) 2:30pm Balloon Badminton (2) Garden Club (3) Armchair Travel to Nova Scotia (L) 6:30pm Exercise (1)	10:15am Chair Aerobics (1) (3) 11:30am Catholic Church Service (C) 2:30pm ReminiscingGroup(1)	10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Arts & Crafts (1) (2) Bocce Ball (3) 6:30pm Comedy Night (L)	28 10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm February Birthday Party (MP) 6:30pm Movie Night-Home Again (L)	Location of program: 1= 1 st Floor Unit 2= 2 nd Floor Unit 3= 3 rd Floor Unit MP= Multi-Purpose Room C/L=Chapel/Library