

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday







# February 2025

## Recreation Calendar



Location of programs: 1

- 1= 1<sup>st</sup> Floor Unit
- 2= 2<sup>nd</sup> Floor Unit
- 3= 3<sup>rd</sup> Floor Unit
- L= Main Floor Lobby
- All: All floors

<p>2 9:30 Chair Aerobics (3) 10:45 Chair Aerobics (2) 2:00 ECCC Church (3) 1:1 Visits</p> <p>Groundhog Day</p>	<p>3 9:30 Chair Aerobics (3) 9:30 Drum Fit (2) 10:45 Chair Aerobics (1) 1:30 Live Music with John Fung &amp; Family (3) 2:45 Card Bingo (1) 1:1 Visits</p>	<p>4 9:30 Chair Aerobics (3) 10:45 Chair Aerobics (1) 1:30 Casino Games (2) 1:1 Visits</p>	<p>5 9:30 Chair Aerobics (2) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:45 Card Bingo (3) 1:1 Visits</p>	<p>6 9:30 Chair Aerobics (1 &amp; 2) 10:30 Ping Pong with Tony (3) 1:30 Live Entertainment: Thomas So (2) 1:1 Visits</p>	<p>7 9:30 Chair Aerobics (2 &amp; 3) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:30 Table Games (2) 2:45 Table Games (1) 1:1 Visits</p>	<p>8</p> 
<p>9</p> 	<p>10 9:30 Chair Aerobics (2) 9:30 Drum Fit (3) 10:45 Chair Aerobics (1) 1:30 Tai Chi (2) 2:45 Valentine's Arts (1) 1:1 Visits</p>	<p>11 9:30 Chair Aerobics (3) 10:45 Chair Aerobics (1) 1:30 Valentine's Crafts (2) 1:1 Visits</p>	<p>12 9:30 Chair Aerobics (2) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:45 Valentine's Crafts (3) 1:1 Visits</p> <p>Tu B'Shevat Begins</p>	<p>13 9:30 Chair Aerobics (2 &amp; 3) 10:45 Chair Aerobics (1) 1:30 Filipino Seniors Dance Group (3) 1:1 Visits</p>	<p>14 9:30 Chair Aerobics (2 &amp; 3) 11:00 Valentine's Flowers (All) 1:30 Valentine's Party (2)</p> 	<p>15 9:30 Active Games (1) 10:45 Active Games (3) 1:30 Sing-Along (2) 2:45 Sing-Along (1)</p>
<p>16 9:30 Active Games (3) 10:45 Chair Aerobics (1) 2:00 ECAC Church (2) 1:1 Visits</p>	<p>17</p> <p>Happy Family Day</p> 	<p>18 9:30 Chair Aerobics (3) 10:45 Chair Aerobics (1) 1:30 Floor Hockey (2) 1:1 Visits</p>	<p>19 9:30 Chair Aerobics (2) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:45 Number Bingo (3) 1:1 Visits</p>	<p>20 9:30 Chair Aerobics (2 &amp; 3) 10:00 Live Dance Performance: Fusion G (2) 1:30 Live Entertainment: Thomas So (3)</p>	<p>21 9:30 Chair Aerobics (2 &amp; 3) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:30 Dice Games (2) 2:45 Dice Games (1) 1:1 Visits</p>	<p>22</p> 
<p>23</p> 	<p>24 9:30 Chair Aerobics (3) 9:30 Chair Aerobics (2) 10:45 Drum Fit (1) 1:30 Tai Chi (3) 2:45 Bingo (1) 1:1 Visits</p>	<p>25 9:30 Chair Aerobics (3) 10:45 Chair Aerobics (1) 1:30 Casino Games (2) 1:1 Visits</p>	<p>26 9:30 Chair Aerobics (2) 10:45 Chair Aerobics (1) 1:30 Mahjong (3) 1:45 Bingo (3) 1:1 Visits</p>	<p>27 9:30 Chair Aerobics (1 &amp; 3) 10:30 Ping Pong with Tony (2) 1:30 Live Entertainment: Thomas So (2) 1:1 Visits</p>	<p>28 9:30 Chair Aerobics (2 &amp; 3) 10:45 Chair Aerobics (1) 1:30 February Birthday Party (2) 1:1 Visits</p> <p>Ramadan Begins</p>	