

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# October 2024

## Recreation Calendar

<p>10:15am Virtual Non Denominational Church Service (C) 2:30pm Musical Ball Toss (1) Horse Shoes (3)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Card Games (2) (3)</p>	<p>10:15am Coffee Social (MP) 2:30pm Floor Hockey (1) Bowling (3) 6:45pm Exercise (2)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Bocce Ball (1) Horse Shoes (2) Floor Hockey (3) 6:45pm Trivia (MP)</p> <p>Rosh Hashanah Begins</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Pet Therapy (1) Who, What Am I? (2) Halloween Mystery Box (3) 6:45pm Men's Club (MP)</p>	<p>10:15am Chair Aerobics (1) (2) (3) 2:30pm Happy Hour (MP) 6:45pm Movie Night- Central Intelligence (L)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Book Club (2) Balloon Badminton (3)</p>
<p>10:15am Virtual Non Denominational Church Service (C) 2:30pm Musical Ball Toss (1) Horse Shoes (3)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Card Games (2) (3)</p>	<p>10:15am Coffee Social (MP) 2:15pm Catholic Church Service (C) 2:30pm Dice Games (1) (2) 6:45pm Exercise (3)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Thanksgiving Arts &amp; Crafts (1) (2) (3) 6:45pm Baking Pumpkin Pie (2)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Bean Bag Toss (1) Pet Therapy (2) Baking Pumpkin Bars (3) 6:45pm Baking Pumpkin Pie (1)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Thanksgiving Social (MP) 6:45pm Movie Night- Mamma Mia Here We Go Again (L)</p> <p>Yom Kippur Begins</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Fall Sensory Club (1) Thanksgiving/ Fall Reminisce Group (3)</p>
<p>10:15am Virtual Non Denominational Church Service (C) 2:30pm Floor Hockey (1) Football-CFL Fun Games (2)</p>	<p><b>HAPPY THANKSGIVING</b></p> <p>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p>	<p>10:15am Coffee Social (MP) 2:30pm Pumpkin Painting (1) (2) (3) 6:45pm Exercise (1)</p>	<p>10:15am Non-Denominational Church Service (C) Chair Aerobics (3) 2:30pm Bowling (1) Fall Pong (3) 6:45pm Ladies Spa Night (2)</p> <p>Sukkot Begins</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Book Club (1) Bean Bag Toss (2) Pet Therapy (3) 6:45pm Whiteboard Game (MP)</p>	<p>10:15am Chair Aerobics (1) (2) (3) 2:30pm <b>Singing Entertainment by Arvin Hopkins</b> (MP) 6:45pm Movie Night-DJ Cinderella (L)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Bocce Ball (2) Disc Golf (3)</p>
<p>10:15am Virtual Non Denominational Church Service (C) 2:30pm Balloon Badminton (1) Bean Bag Toss (3)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Halloween Bingo (MP)</p>	<p>10:15am Coffee Social (MP) 2:30pm Bocce Ball (1) Ring Toss (2) Baking Cinnamon Buns (3) 6:45pm Exercise (2)</p>	<p>10:15am Chair Aerobics (1) (3) 11:30am Catholic Church Service (C) 2:30pm Baking Buns (1) Card Games (2) Bocce Ball (3) 6:45pm Card Games (MP)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Pet Therapy (1) Baking Cinnamon Buns (2) Horse Races (3) 6:45pm Comedy Night (L)</p> <p>Simchat Torah Begins</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm October Birthday Party (MP) 6:45pm Movie Night- Hubie Halloween (L)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Floor Hockey (1) Armchair Travel to Switzerland (MP)</p>
<p>10:15am Virtual Non Denominational Church Service (C) 2:30pm Pumpkin Putt Golf (2) Price is Right- Halloween Themed (3)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Card Games (1) (2) (3)</p>	<p>10:15am Coffee Social (MP) 2:30pm Halloween Arts &amp; Crafts (1) (2) (3) 6:45pm Exercise (3)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 2:30pm Bean Bag Toss (1) Disc Golf (2) Ring Toss (3) 6:45pm Name that Tune (MP)</p>	<p>10:15am Chair Aerobics (1) (3) 11:15am Chair Aerobics (2) 1:00pm Halloween Parade 2:30pm Halloween Party (MP) 6:45pm Halloween Jeopardy (L)</p> <p>Halloween</p>	<p><b>Location of program:</b> 1= 1<sup>st</sup> Floor Unit 2= 2<sup>nd</sup> Floor Unit 3= 3<sup>rd</sup> Floor Unit MP= Multi-Purpose Room C/L=Chapel/Library</p>	

