







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><b>1</b> 9:30 Chair Aerobics (2) 10:45 Active Games (1) 11:45 Therapeutic Meal Assistance 1:30 Mahjong (3) 2:45 Music Program (1) 4:00 Friendly Visits</p> <p><small>Rosh Hashanah Begins</small></p>	<p><b>2</b> 9:30 Chair Aerobics (2 &amp; 3) 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance 2:45 Table Games (3) 4:00 Friendly Visits</p>	<p><b>3</b> 9:30 Chair Aerobics (2 &amp; 3) 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance 1:30 Mahjong (3) 1:30 Arts and Crafts (2) 2:45 Dice Games (1) 4:00 Friendly Visits</p>	
<p><b>6</b> 9:30 Chair Aerobics (3) 9:30 Drum Fit (2) 10:45 Drum Fit (1) 11:45 Therapeutic Meal Assistance <b>1:30 Tai Chi (3)</b> 4:00 Friendly Visits</p> <p><i>Location of program:</i> 1= 1<sup>st</sup> Floor Unit 2= 2<sup>nd</sup> Floor Unit 3= 3<sup>rd</sup> Floor Unit L= Main Floor Lobby</p>	<p><b>7</b> 9:30 Chair Aerobics (3) 10:45 Active Games (1) 11:45 Therapeutic Meal Assistance 1:30 Arts and Craft (2) 2:45 Friendly Visits</p>	<p><b>8</b> 1:30 Mahjong (3) 2:00 Bingo (1) 3:30 Friendly Visits <b>6:15 Spiritual Service (L)</b></p>	<p><b>9</b> 9:30 Chair Aerobics (2 &amp; 3) 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance 1:30 Card Games (3) 2:45 Travel Ing (2) 4:00 Friendly Visits</p>	<p><b>10</b> 9:30 Chair Aerobics (2 &amp; 3) 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance 1:30 Mahjong (3) 1:30 Arts and Crafts (2) 2:45 Music Program (1) 4:00 Friendly Visits</p> <p><small>Yom Kippur Begins</small></p>	<p><b>11</b> 9:30 Active Games (3) 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance 1:45 Brain Games (2) 4:00 Friendly Visits</p>	
<p>9:30 Active Games (2) <b>13</b> 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance <b>2:00 OMF Church Service (L)</b> 4:00 Friendly Visits</p>		<p><b>14</b> 9:30 Active Games (3) <b>15</b> 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance 1:30 Card Games (2) 2:45 Friendly Visits</p>	<p>9:30 Chair Aerobics (2) <b>16</b> 10:45 Active Games (1) 11:45 Therapeutic Meal Assistance 1:30 Mahjong (3) 4:00 Friendly Visits</p> <p><small>Sukkot Begins</small></p>	<p><b>17</b> 9:30 Chair Aerobics (2 &amp; 3) 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance 2:45 Arts and Crafts (2) 4:00 Friendly Visits</p>	<p><b>18</b> 9:30 Chair Aerobics (2 &amp; 3) 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance 1:30 Mahjong (3) 1:30 Bingo (2) 2:45 Brain Games (1) 4:00 Friendly Visits</p>	
	<p><b>20</b> 9:30 Chair Aerobics (3) <b>21</b> 9:30 Drum Fit (2) 10:45 Drum Fit (1) 11:45 Therapeutic Meal Assistance <b>1:30 Tai Chi (3)</b> 4:00 Friendly Visits</p>	<p><b>22</b> 9:30 Chair Aerobics (3) <b>23</b> 10:45 Active Games (1) 11:45 Therapeutic Meal Assistance 1:30 Bingo (2) 2:45 Friendly Visits</p>	<p>9:30 Active Games (2) <b>24</b> 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance 1:30 Mahjong (3) 2:45 Arts and Crafts (1) 4:00 Friendly Visits</p>	<p><b>25</b> 9:30 Chair Aerobics (2 &amp; 3) 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance 1:30 Mahjong (3) 2:45 Music Program (2) 4:00 Friendly Visits</p> <p><small>Simchat Torah Begins</small></p>	<p><b>26</b> 10:00 Catholic Church Hymn Sing (L) 11:45 Therapeutic Meal Assistance 1:45 Table Games (1) 4:00 Friendly Visits</p>	
<p>9:30 Active Games (3) <b>27</b> 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance <b>2:00 OMF Church Service (L)</b> 4:00 Friendly Visits</p>	<p><b>28</b> 9:30 Chair Aerobics (2) <b>29</b> 9:30 Drum Fit (3) 10:45 Drum Fit (1) 11:45 Therapeutic Meal Assistance <b>1:30 Tai Chi (2)</b></p>	<p><b>30</b> 9:30 Active Games (3) <b>31</b> 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance <b>1:30 Entertainment by The Fung Family (L)</b> 2:45 Friendly Visits</p>	<p>9:30 Chair Aerobics (2) <b>30</b> 10:45 Active Games (1) 11:45 Therapeutic Meal Assistance 1:30 Mahjong (3) 2:45 Dice Games (3) 4:00 Friendly Visits</p>	<p><b>31</b> 9:30 Chair Aerobics (2 &amp; 3) 10:45 Chair Aerobics (1) 11:45 Therapeutic Meal Assistance <b>1:30 Halloween Celebration (2)</b> 4:00 Friendly Visits</p> <p><small>Halloween</small></p>	