	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		ay 20)24	FI) 11:15am Chair Aerobics (1 st FI)	10:15am Chair Aerobics (3 rd Fl)	Fl) 2:15pm Cinco de Mayo	10:15am Chair Aerobics (1st & 3 rd Fl) 11:15am Chair Aerobics (2 nd Fl) 2:15pm Baking Peanut Butter Cookies (3 rd Floor)
	Rec	reation Cale	ndar	May Day		CINCO DE MAYO	
1 1 2 1 5	11:15am Chair Aerobics (2 nd FI) 2:15pm Virtual Non Denominational Church	10:15am Chair Aerobics (1 st & 3 rd Fl) 11:15am Chair Aerobics (2 nd Fl)	2:15pm Balloon Badminton (1 st Floor)/Physical Game (3 rd Floor)	& 3 rd Fl) 11:15am Chair Aerobics (2 nd Fl)	10:15am Chair Aerobics (1st & 3 rd Fl) 11:15am Chair Aerobics (2 nd Fl) 2:15pm Mother's Day Arts & Crafts (1st/2 nd /3 rd Fl)	& 3 rd FI) 11:15am Chair Aerobics (2 nd FI)	11 10:15am Chair Aerobics (3 rd Floor) 11:15am Chair Aerobics (1 st Floor) 2:15pm Physical Game (2 nd Floor)
1 1 2 1	11:15am Chair Aerobics (1st Fl) 2:15pm Virtual Non Denominational	& 3 rd Fl) 11:15am Chair Aerobics (2 nd	10:15am Coffee Social (2 nd Fl Multi Purpose) 2:15pm Physical Game (1 st /2 nd /3 rd Floor) 6:45pm Exercise (3 rd Floor)	& 3 rd FI) 11:15am Chair Aerobics (2 nd FI) 2:15pm Hula Dancer's Entertainment(2 nd FI MP Rm 6:45pm Whiteboard	& 3 rd FI) 11:15am Chair Aerobics (2 nd FI) 2:15pm Card Bingo (2 nd & 3 rd FI)	11:15am Chair Aerobics (2 nd Fl) 2:15pm Happy Hour (2 nd Fl Multi-Purpose)	18 10:15am Chair Aerobics (1st & 3rd Fl) 11:15am Chair Aerobics (2nd Fl) 2:15pm Dice Games (2nd Fl) Horse Races (1st Fl) Armed Forces Day
1 1 2 1 5	10:15am Chair Aerobics (1 9 & 3 rd Fl) 11:15am Chair Aerobics (2 nd Fl) 2:15pm Virtual Non Denominational Church Service (2 nd Fl. Chapel) & One On One Visits	Victoria	10:15am Coffee Social (2 nd Fl Multi Purpose) 2:15pm Card Games (1 st /2 nd /3 rd Fl) 6:45pm Exercise (1 st Floor)	& 3 rd Fl) 11:30am Catholic Church Service (2 nd Floor Chapel) 2:30pm Armchair Travel (2 nd Fl Lib. Rm) & Reminiscing	10:15am Chair Aerobics (1 st 23 & 3 rd Fl) 11:15am Chair Aerobics (2 nd Fl) 2:15pm Arts & Crafts (1 st /2 nd /3 rd Fl) 6:45pm Physical Game (1 st Floor)	11:15am Chair Aerobics (2 nd Fl) 2:15pm Name that Tune (1 st &	10:15am Chair Aerobics (1st & 3rd Fl) 11:15am Chair Aerobics (2nd Fl) 2:15pm Sing Along (2nd Fl
1 1 2 2 1 9	11:15am Chair Aerobics (2 nd Fl) 2:15pm Virtual Non Denominational Church	& 3 rd Fl) 11:15am Chair Aerobics (2 nd Fl)	10:15am Coffee Social (2 nd Multi Purpose) 2:15pm Gardening (1 st Floor) Bocce Ball (2 nd Fl) 6:45pm Exercise (2 nd Floor)	& 3 rd Fl) 11:15am Chair Aerobics (2 nd Fl) 2:15pm Gardening (2 nd Fl)/ Ladder ball (3 rd Fl)	10:15am Chair Aerobics (1st 30 & 3rd Fl) 11:15am Chair Aerobics (2nd Fl) 2:15pm Bocce Ball (1st Fl) Gardening (3rd Fl) 6:45pm Card Games (2nd Floor)	10:15am Chair Aerobics (1st 31 & 3 rd Fl) 11:15am Chair Aerobics (2 nd Fl) 2:15pm May Birthday Party (2 nd Fl. Multi Purpose) 6:45pm Movie Night-Back to the Future	