

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2024

Recreation Calendar

						9:30am Chair Aerobics ¹ (1 st & 2 nd Floors) 1:30pm Tables Games (2 nd Floor)/Mahjong (3 rd Floor)	9:30 am Chair Aerobics ² (1 st and 3 rd Floor) 2:00 pm Card/Board Games (3 rd Floor)	
9:30 am Chair Aerobics (1 st and 2 nd Floor) 2:00 pm NEAC Church Service (All Floors)	9:30am Chair Aerobics ⁴ (1 st & 3 rd Floors)/Drum Fit (2 nd Floor) 1:30pm Tai Chi (2 nd Floor)/Table Games (3 rd Floor)	9:30am Chair Aerobics ⁵ (1 st /2 nd /3 rd Floors) 1:30pm Art Therapy (2 nd & 3 rd Floor) One on One Visits	9:30 am Chair Aerobics ⁶ (1 st and 2 nd Floor) 1:30 pm Mahjong/Bingo (3 rd Floor) One on One Visits	9:30 am Chair Aerobics ⁷ (All Floors) 1:30 pm Target Games (2 nd & 3 rd Floor) One on One Visits	9:30am Chair Aerobics ⁸ (1 st & 2 nd Floors)/Drum Fit (3 rd Floor) 1:30pm Tables Games (2 nd Floor)/Mahjong (3 rd Floor)			
 Ramadan Begins Daylight Saving Time Begins	9:30am Chair Aerobic ¹¹ (1 st & 3 rd Floors)/ Drum Fit (2 nd Floor) 1:30pm Table Games (2 nd Floor)/ Tai Chi (3 rd Floor)	9:30am Chair Aerobics ¹² (1 st /2 nd /3 rd Floors) 1:30pm Target Games (2 nd & 3 rd Floor)	1:30 pm Mahjong/Bingo (3 rd Floor) 6:15 pm Spiritual Services (All Floors) One on One Visits	9:30am Chair Aerobics ¹⁴ (All Floors) 1:30pm St Patrick's Day Craft (2 nd & 3 rd Floor)	9:30am Chair Aerobics ¹⁵ (1 st & 2 nd Floors) 1:30pm Tables Games (2 nd Floor)/Mahjong (3 rd Floor)	9:30 am Chair Aerobics ¹⁶ (1 st and 3 rd Floor) 1:30pm Card Games (2 nd Floor)		
9:30 am Chair Aerobics (1 st and 2 nd Floor) 2:00 pm ECBC Church Service (All Floors)	9:30am Chair Aerobic ¹⁸ (1 st & 3 rd Floors)/ Drum Fit (2 nd Floor) 1:30pm Tai Chi (2 nd Floor)/Table Games (3 rd Floor)	9:30am Chair Aerobics ¹⁹ (1 st /2 nd /3 rd Floors) 1:30pm Card Games (2 nd & 3 rd Floor)	9:30 am Chair Aerobics ²⁰ (1 st and 3 rd Floor) 1:30 pm Mahjong/Bingo (3 rd Floor) One on One Visits	9:30 am Chair Aerobics ²¹ (All Floors) 1:30 pm Target Games (2 nd & 3 rd Floor) One on One Visits	9:30am Chair Aerobi ²² (1 st & 2 nd Floors)/Drum Fit (3 rd Floor) 1:30pm Tables Games (2 nd Floor)/Mahjong (3 rd Floor)	 Purim Begins		
 PALM SUNDAY Palm Sunday	9:30am Chair Aerobi ²⁵ (1 st & 3 rd Floors)/ Drum Fit (2 nd Floor) 1:30pm Table Games (2 nd Floor)/ Tai Chi (3 rd Floor)	9:30am Chair Aerobics ²⁶ (1 st /2 nd /3 rd Floors) 1:30pm Baking Cookies (2 nd & 3 rd Floor) One on One Visits	9:30 am Chair Aerobics(1 st and 2 nd Floor) 1:30pm Entertainment by Phoenix Singing Club (All)	9:30am Chair Aerobics ²⁸ (1 st /2 nd /3 rd Floors) 1:30pm Easter Art Therapy (2 nd & 3 rd Floor)	9:30 am Chair Aerobics ²⁹ (1 st & 3 rd Floor) 1:30 pm March Birthday Party (All Floors)	9:30 am Chair Aerobics ³⁰ (1 st and 3 rd Floor) 1:30pm Card Games (3 rd Floor)		
9:30 am Chair Aerobics (1 st and 2 nd Floor) 2:00 pm EBC Church Service (All Floors)								